METLEN ENERGY & METALS PLC

PDMR transaction notification

This announcement is published in accordance with the disclosure requirements that apply by virtue of the Company's primary listing on the London Stock Exchange and secondary listing on the Athens Stock Exchange, respectively.

Disclosures required under Article 19(3) of the EU Market Abuse Regulation No 596/2014 (which also forms part of UK law pursuant to the European Union (Withdrawal) Act 2018)

1.	Details of PDMR / person closely associated with them ("PCA")			
a)	Name	Paraskevi Bouzali and Dimitri	os Tryfonopoulos (Joint Account)	
2.	Reason for the notification			
a)	Position / status	PDMR (Chief Corporate Affairs & Communication Officer) and PCA respectively		
b)	Initial notification / amendment	Initial notification		
c)	Previous notification reference number and reason for amendment			
3.	Details of the issuer	,		
a)	Full name of the entity	Metlen Energy & Metals PLC		
b)	Legal Entity Identifier Code	213800ZSR3HVKMMPVG86		
4.		nsaction(s): section to be repeated for (i) each type of instrument; (ii) each type of each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument:	Ordinary shares of EUR 11 in Metlen Energy & Metals PLC		
b)	Identification Code:	GB00BTQGS779		
c)	Nature of the transaction	Sale of shares		
d)	Currency	EUR		
e)	Price(s) and volume(s)	Price(s) €46.0258 per share	Volume(s) 8,183	
f)	Aggregated information			
	- Aggregated volume	8,183		
	- Price	€46.0258		
g)	Date of the transaction	07/10/2025		
h)	Place of the transaction	Athens Stock Exchange (ATHEX)		

[EXTERNAL PERMITTED]

For further information:

Media enquiries

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LEI: 213800ZSR3HVKMMPVG86